



REVISION

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THE REVISION CYCLE

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USING THE REVISION
CYCLE

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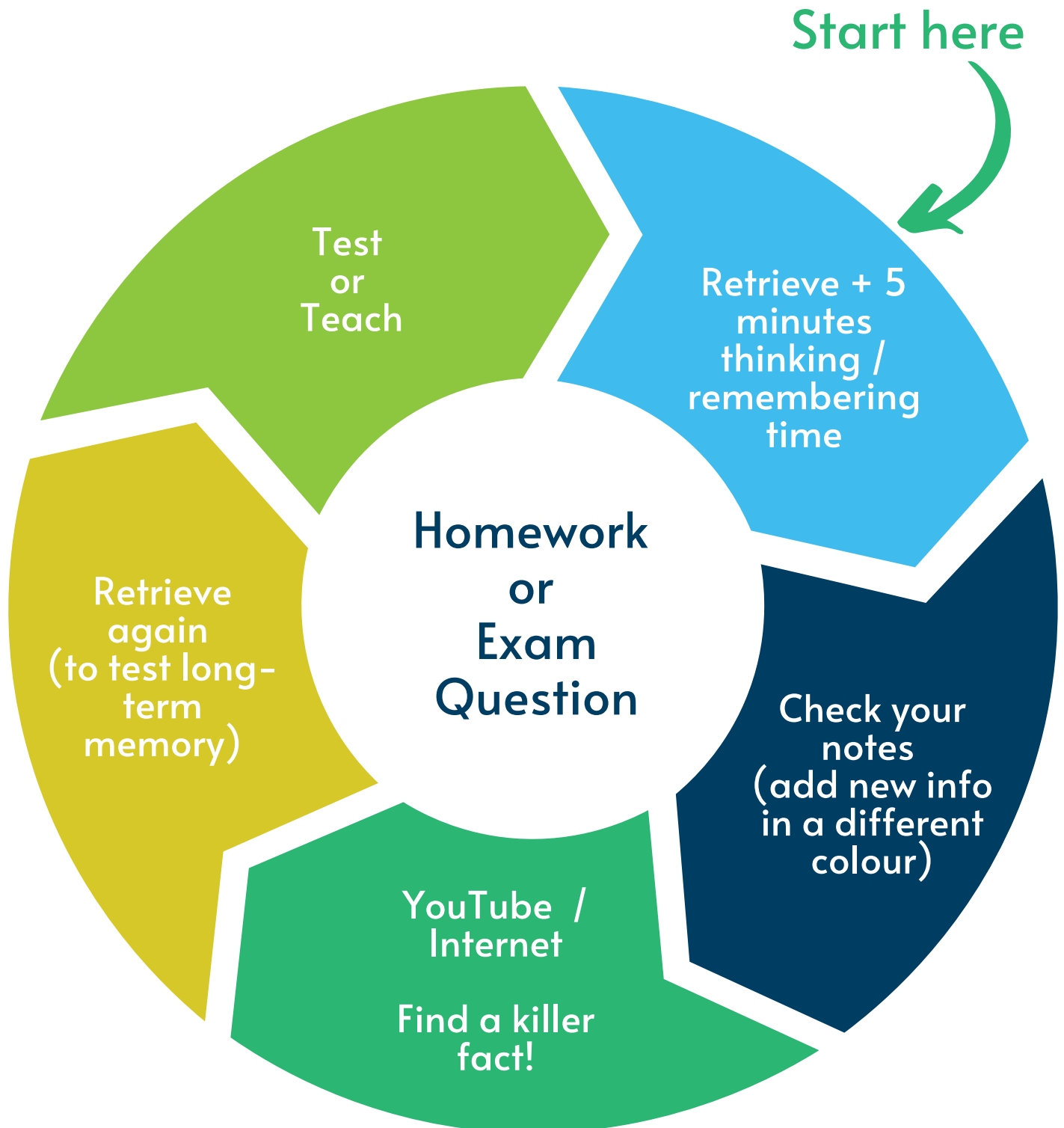
REVISION TOP TIPS

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TED TALK ON MEMORY

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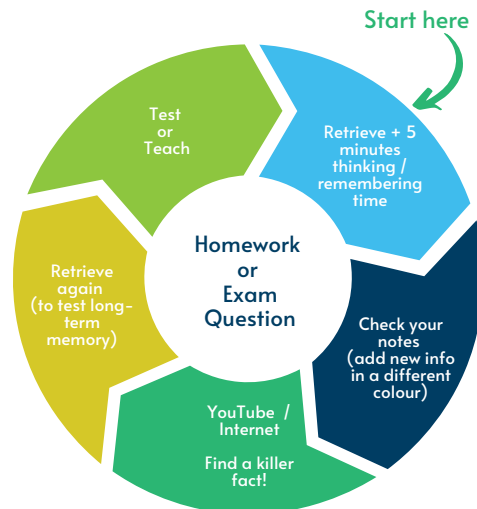
THE REVISION CYCLE



USING THE REVISION CYCLE

This is an experiment to find out whether you know more than you think you know.

It uses a technique called retrieval and saves you revision time whilst boosting your confidence.



- **Choose a topic.** If you are nervous, take the pressure off by choosing a topic that you did a while ago. Something that you can't really expect yourself to remember much about.
- **Retrieve** - Write down everything you can remember about this topic. You will find out how your brain has organized the information. Don't rush..... just see what's in your head. Even random facts about it will help you to remember other facts.
- **Give yourself five more minutes** when you think there's nothing else you can remember. Usually something else will pop up. Everything you remember now means you won't have to 'learn' it later.
- **Go to your notes/revision guide** and add any extra facts to your sheet. Put these in another colour. This is what you now have to revise from.
- **Find a 'Killer Fact'** from the internet. Something that you weren't taught in class. Use YouTube.
- **Keep one folder** for all your revision sheets.
- **Retrieve again.** Allow a few hours or days and re-test yourself. Have you got all the information in your long-term memory now? If not, then get someone else to test you or teach them.

REVISION TOP TIPS

Take lots of breaks.

Every 20-30 minutes take a 10-minute break.

Before taking a break make a note of what you will do next.

Use retrieval after breaks.

If you are struggling to work use YouTube as a way into your topic.

Think about when you concentrate best and study then.

Think about where you study best and go there.

Use a whiteboard at home.

This helps keep your revision quick and fresh.



CHECK OUT THIS TED TALK



‘FEATS OF MEMORY ANYONE
CAN DO | JOSHUA FOER’

'FEATS OF MEMORY ANYONE CAN DO'

Joshua is a science writer who wanted to understand how people learn to perform amazing feats of memory. His talk is funny and engaging. He highlights two things - use a memory palace system like Sherlock Holmes and make things as funny, interesting or ridiculous as you can. That's it.

Making boring things interesting is the real skill for most students.
Three top tips for making boring revision interesting.

- Use images, cartoons and doodles
- Make things rhyme
- Use a white board, mirrors or windows (with a white board pen!)



This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.