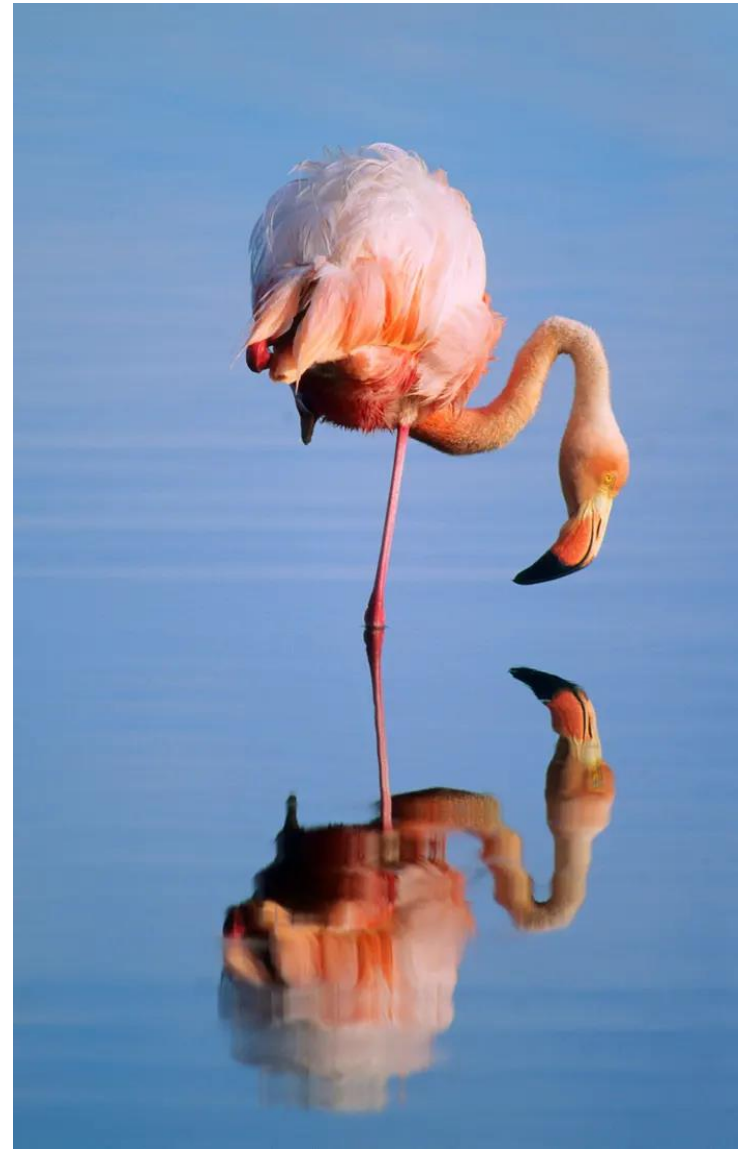


Year 11 Study Skills and Well-Being Event

January 2023



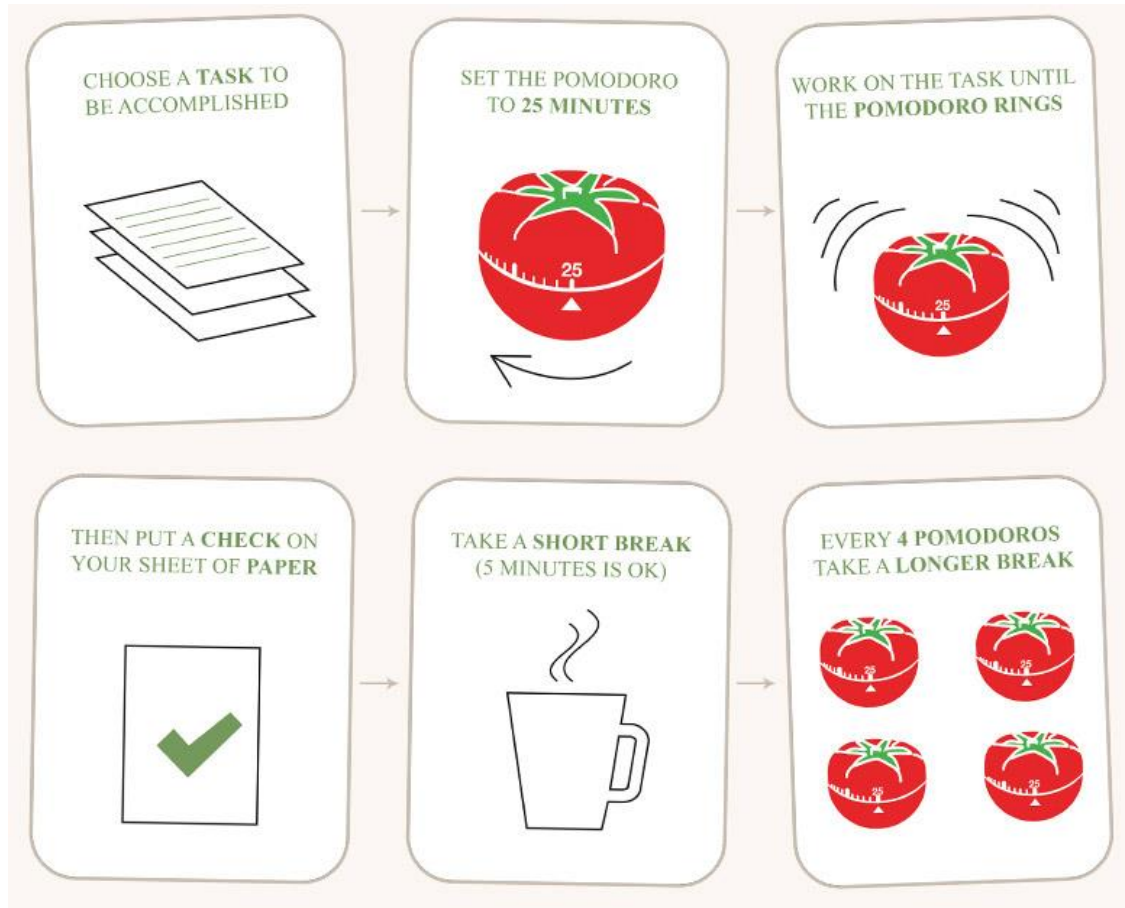
Which bird is
your revision
alter ego?



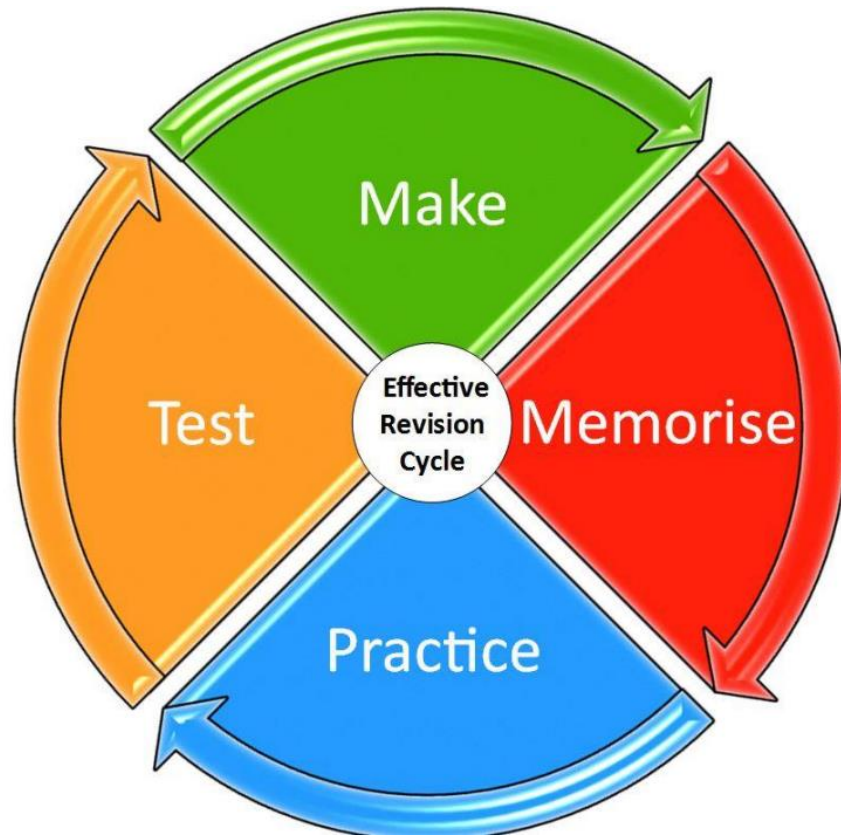


STUDY SKILLS AND LEARNING ATTRIBUTES

GOOD TIME MANAGEMENT AND THE MULTI-TASKING MYTH



PUTTING THEORY INTO PRACTICE



GOOD REVISERS

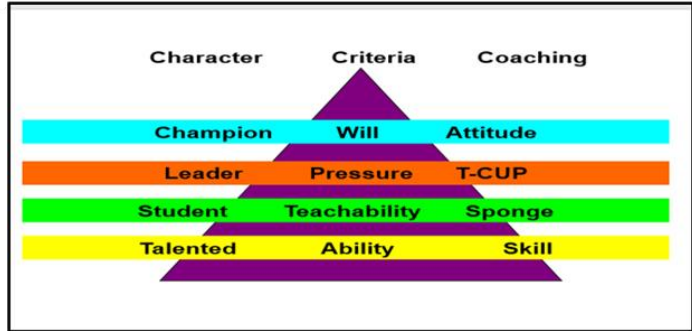
by @Inner_Drive
www.innerdrive.co.uk

POOR REVISERS

Eat breakfast		Skip breakfast
Sleep 8-10 hours a night		Get little sleep
Have regular bed times		Have inconsistent bed times
Get fresh air each day		Stay indoors all day
Exercise regularly		Do no exercise
Do past papers		Mostly revise highlighting "key" passages
Spread out their revision		Cram their revision
Keep a diary to capture negative thoughts		Dwell on worst case scenarios
Revise in a quiet environment		Revise while listening to music or TV
Drink water regularly		Forget to stay hydrated
Put their phone away during revision		Revise with their mobile phone next to them

A Team

 11JPR M-TH JPR	 ERG: F	 11RD T W Th F	 AW: M	 11LKo
 11PM	 11KM M Tu Th	 KH: W	 GJ: F	 11PS
 11OM M Tu W F	 CFE: Th	 11LT Tu Th F	 CFE: Monday	 GB: Wed'
				 DD HOY




Think Correctly Under Pressure

HOW WILL YOU DEVELOP WHAT IT TAKES TO BE A **CHAMPION?**




How do we optimise success ?

Champions aren't made in gyms. Champions are made from something they have deep inside them: A desire, a dream, a vision. They have to have last-minute stamina, they have to be a little faster, they have to have the skill and the will. But the will must be stronger than the skill.

(Muhammad Ali)

izquotes.com



You have to believe in **yourself** when no one else does.

- Serena Williams

Goalcast

Champions are not born, they are made.



WE ARE NOT A
TEAM
BECAUSE WE
WORK TOGETHER
WE ARE
A TEAM BECAUSE
WE RESPECT
TRUST AND CARE
FOR EACH OTHER

Timeline

Mock exams begin

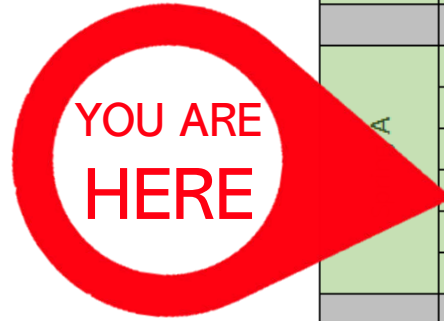
Low-key, teaching and learning focused

- Shorter
- Fewer
- Spread out
- In classrooms
- Lessons carry on

GCSE exams begin

- Supportive revision program around exams
- Study leave approved for some students

Prom Celebration



	26-Dec		Christmas	
Autumn A	02-Jan	1	Intervention Five weeks	
	09-Jan	2		
	16-Jan	1		
	23-Jan	2		
	30-Jan	1		
	06-Feb	2		
	13-Feb		Half-term	
Spring B	20-Feb	1	Mock Exams Series 2 Three weeks	
	27-Feb	2		
	06-Mar	1		
	13-Mar	2		
	20-Mar	1		
	27-Mar	2	Snapshot Report 3	
	03-Apr		Easter	
Summer A	17-Apr	1	Intervention Four weeks	
	24-Apr	2		
	01-May	1		
	08-May	2		
	15-May	1		
	22-May	2	GCSE Exams	
	29-May		Half-term	
Summer B	05-Jun	0	GCSE Exams	
	12-Jun	1		
	19-Jun	2		
	26-Jun	1		Prom
	03-Jul	2		A long, relaxing summer break...
10-Jul	1			
17-Jul	2			

Overview

Time	Sessions
6:00	Rotation 1
6:20	Gap
6:30	Rotation 2
6:50	Gap
7:00	Rotation 3
7:20	Gap
7:30	Finish

Sessions	Room
How can I support my child with their Science revision?	Room 8
How can I support my child with their English revision?	M1
How can I support my child with their Maths revision?	M3
Mental health and well-being	Staff Workroom
Practical revision techniques	Room 1
Organisation skills	TE1

The **Marketplace** will run throughout the evening in the **East and West Common Rooms**.

Refreshments will be available in the **Atrium**.

Overview

Rotation	A to J	J to Sc	Se to Z
6:00	English	Maths	Science
6:30	Maths	Science	English
7:00	Science	English	Maths

A to J	I to Sc	Se to Z
Mental Health	Revision	Organisation
Revision	Organisation	Mental Health
Organisation	Mental Health	Revision

Sessions	Room
How can I support my child with their Science revision?	Room 8
How can I support my child with their English revision?	M1
How can I support my child with their Maths revision?	M3
Mental health and well-being	Staff Workroom
Practical revision techniques	Room 1
Organisation skills	TE1

The **Marketplace** will run throughout the evening in the **East and West Common Rooms**.

Refreshments will be available in the **Atrium**.

What do I need to know about Maths GCSE?

Mock Exam Details:

- Three papers x 45 minutes
- In class, during timetabled lessons
- QLA sheet to identify strengths and areas for improvement

Summer Exam Details:

- Pearson Edexcel 1MA1
 - Higher or Foundation Tier
 - Paper 1 (Non-Calculator) 90 minutes
 - Paper 2 (Calculator) 90 minutes
 - Paper 3 (Calculator) 90 minutes
- Exams cover the full specification. Any topic can appear on any paper.

How are the students preparing for Maths

- **Carefully planned lessons**
 - Foundation tier students have covered the full curriculum and are now reviewing the course.
 - Higher tier students have more content yet to cover. There will be some revision time.
- **Dynamic home learning**
 - Weekly tasks on Sparx which include consolidation.
 - Students must strive for 100%.
- **Intervention**
 - Wednesday lunch (foundation tier)
 - Wednesday after school (foundation and higher)
 - Online tasks (higher tier)
- **Question Level Analysis**
 - Formerly using HegartyMaths, and now Sparx.
- **Past Papers**
 - Printed, provided by teachers
 - Online, via MathsWatch

What do I need to know about English Lang GCSE?

Mock Exam Details:

- One paper x 1.45mins
- In class, during timetabled lessons
- Feedback from classwork and home learning to identify strengths and weaknesses

Summer Exam Details:

AQA English Language

Paper 1 Explorations in creative reading and writing 1hr 45mins 05 June 2023

Paper 2 Writers' viewpoints and perspectives 1hr 45 mins 12 June 2023

Non-exam assessment: Spoken Language 07 May 2023

How are the students preparing for Language?

Carefully planned lessons

We have finished delivering the Language GCSE course and are feeding back the Language Paper 2 're-do' and revising/revisiting Language Paper 1 for the mock in February.

Home learning to supplement studies in class

When we are covering Language in class, we will be setting home learning that consolidates work in class. This may be in the form of an on-line platform, website or deliberate practise.

Intervention

Monday or Tuesday lunchtime (by invitation)

Tuesday after school

Past Papers

Printed, provided by teacher

Online, via YouTube

What do I need to know about English Lit GCSE?

Mock Exam Details:

- Two papers 45mins
- 1 x 45 mins on An Inspector Calls 1 x 45 mins Anthology poetry
- In class, during timetabled lessons
- Feedback from classwork and home learning to identify strengths and weaknesses

Summer Exam Details:

AQA English Literature

Paper 1 Shakespeare and the 19th century novel 1h 45m 17 May 2023

Paper 2 Modern texts and poetry 2h 15m 24 May 2023

How are the students preparing for Literature?

Carefully planned lessons

We have not yet finished the literature course fully and are focusing on completing the study of Anthology poems. We will then revise the 19th Century novel, *An Inspector Calls* and *Macbeth*

Home learning to supplement studies in class

When we are covering Literature in class, we will be setting home learning that consolidates work in class. This may be in the form of an on-line platform, website or deliberate practise.

Intervention

We will start intervention for literature *after* the next mock series

Past Papers

Printed, provided by teacher

Online, via YouTube

What do I need to know about Combined Science?

Mock Exam Details:

- Six papers x 40 minutes
- 2 Papers in Biology (B10, B11, B13, B14)
- 2 Papers in Chemistry (C8, C9, C10, C11)
- 2 Papers in Physics (P1 to P7)
- In class, during timetabled lessons

Summer Exam Details:

- Combined Science Trilogy AQA J8464
 - Higher or Foundation Tier
 - Biology Paper 1 (B1 to B9) 75 minutes
 - Biology Paper 2 (B10 to B17) 75 minutes
 - Chemistry Paper 1 (C1 to C7) 75 minutes
 - Chemistry Paper 2 (C8 to C12) 75 minutes
 - Physics Paper 1 (P1 to P7) 75 minutes
 - Physics Paper 2 (P8 to P13) 75 minutes
- See the on-line textbooks (Combined Science Trilogy) for more detail on the modules

How are Combined Science students preparing?

Carefully planned lessons

- Chemistry: Students covering new content.
- Physics: Students covering new content
- Biology: Students covering new content.

Intervention

- Lunchtimes by arrangement with class teachers
- Monday after school (foundation and higher)
- Online tasks with kerboodle and Seneca

Past Papers

- Available via AQA Web-site and associated mark schemes (J8464)

What do I need to know about Triple Science?

Mock Exam Details:

- Six papers x 45 minutes
- 2 Papers in Biology (B10, B11, B12, B13, B14)
- 2 Papers in Chemistry (C8 to C12)
- 2 Papers in Physics (P1 to P7)
- In class, during timetabled lessons

What do I need to know about Triple Science?

Mock Exam Details:

- AQA GCSE Biology J8461
 - Higher or Foundation Tier
 - Biology Paper 1 (B1 to B9) 105 minutes
 - Biology Paper 2 (B10 to B18) 105 minutes

- AQA GCSE Chemistry J8462
 - Chemistry Paper 1 (C1 to C7) 105 minutes
 - Chemistry Paper 2 (C8 to C15) 105 minutes

- AQA GCSE Physics J8463
 - Physics Paper 1 (P1 to P7) 105 minutes
 - Physics Paper 2 (P8 to P16) 105 minutes

See the on-line textbooks for more details on the different modules.

How are Triple Science students preparing?

Carefully planned lessons

- Chemistry: Students covering new content
- Physics: Students covering new content
- Biology: Students covering new content

Intervention

- Lunchtimes by arrangement with class teachers
- Monday after school (foundation and higher)
- Online tasks with kerboodle and Seneca

Past Papers

- Available via AQA Web-site and associated mark schemes (J8461, J8462, J8463)