

Safeguarding Bulletin 2023-2024

AUTUMN TERM EDITION 2

Welcome and introduction

A huge thank you to all parents and carers who have contributed to the overall safeguarding of our student body. It is so important that we work together as a community to maintain high standards of safeguarding and to promote positive behaviour in and outside the College environment.

This term we have been involved in a review of safeguarding. This gave colleagues from other colleges in the Trust the opportunity to come to Linton and see what work we are doing to keep all stakeholders safe and happy.

This review was very positive and shone a light on the strong culture of safeguarding that runs through the whole College. This culture of course includes you as parents and carers and this collaborative mindset is invaluable in terms of safeguarding and mental health.

We look forward to working with you next year and wish you all a very merry Christmas and a Happy New Year

Safeguarding Team

To contact us, please email: thinkpink@lintonvc.org

Mrs Louise Keen Director of Safeguarding and Designated Safeguarding Lead

Features and Updates

This edition of the Safeguarding Bulletin features: information about **ongoing education around prejudice and bullying**. It also includes reminders about **how to stay safe online** and provides some signposting for **mental health and wellbeing support** as well as providing an update on our in-school provision.

During the first half term we celebrated World Mental Health Day. Assemblies were delivered to all year groups and through these we were able to educate our young people and reiterate the need for understanding of protected characteristics

- Age
- Disability
- Gender reassignment
- Marriage or civil partnership
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual orientation

During the second half term we promoted Anti-Bullying as part of Anti-Bullying Week. This is an area of focus and to this end we are developing our own Linton Anti-Bullying Alliance.

Mental Health/Wellbeing Support Update

This term we have seen the introduction of Centre 33's counselling service as part of our commitment to providing Tier 3 mental health support.

This provision means that we are able to refer students directly into counselling services and that our waiting list is now reduced due to increased availability of counsellors.

Our new Wellbeing Hub is well used by a variety of year groups and it is great to see this space being accessed by students from all year groups.

Making a referral to social care

Anyone can make a referral to social care. Ideally, this should be done via the county in which the person/people being referred live/s. If this is unknown, the county of the referrer should be used.

For **Cambridgeshire**, [click here](#)

For **Essex**, [click here](#)

For **Suffolk**, [click here](#)

In an emergency, please dial 999 or to speak to the localised police, dial 101.

Online safety

The four areas of risk are referred to as the 4Cs.

Content	being exposed to illegal, inappropriate or harmful material
Contact	being subjected to harmful online interaction with other users
Conduct	personal online behaviour that increases the likelihood of, or causes harm
Commerce	risks such as online gambling, inappropriate advertising, phishing and/or financial scams

Mental Health/Wellbeing Support Over the Festive Season

Please see next page for some signposting to mental health support over the Christmas break.



You're not alone this **CHRISTMAS**

AnxietyUK



03444 775 774
www.anxietyuk.org.uk

SAMARITANS

116 123
www.samaritans.org



0300 123 3393
www.mind.org.uk



0800 068 41 41
www.papyrus-uk.org



0800 1111
www.childline.org.uk



0808 2000 247
www.refuge.org.uk

YOUNG
MiNDS

TEXT YM to 85258
www.youngminds.org.uk

Switchboard
LGBT+ helpline

0300 330 0630
www.switchboard.lgbt

shout
85258

here for you 24/7
TEXT SHOUT to 85258
www.giveusashout.org

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

0800 58 58 58
www.thecalmzone.net



0808 801 0677
www.beateatingdisorders.org.uk



0800 9177 650
www.alcoholics-anonymous.org.uk

Other support organisations are available
Please don't suffer in silence

