

Safeguarding Bulletin 2023-2024

SPRING TERM EDITION 3

Welcome and introduction

Thank you once again to parents/carers who have shared information with the College safeguarding team this half term. We very much appreciate your care and vigilance around our young people. Everything that is reported to us is carefully considered and additional safety measures are put into place where appropriate. We respond swiftly and appropriately to reports of negative behaviour that has taken place *outside* school as this could impact on the College community. If the safeguarding team is made aware of anything that pertains to criminal activity, a referral is always made to the police (parents/carers would be informed of this action). We recommend that parents/carers make a direct referral to the police should anything of a criminal nature be of concern outside the College.

To contact us, please email: thinkpink@lintonvc.org

Mrs Louise Keen – Director of Safeguarding, Designated Safeguarding Lead

Making a referral to social care

Anyone can make a referral to social care. Ideally, this should be done via the county in which the referee lives. If this is unknown, the county of the referrer should be used.

For **Cambridgeshire**, [click here](#)

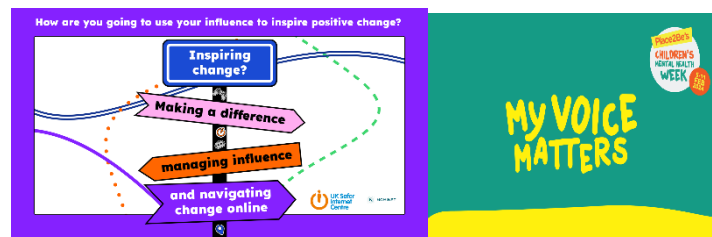
For **Essex**, [click here](#)

For **Suffolk**, [click here](#)

In an emergency, please dial 999 or to speak to the localised police, dial 101.

Features and Updates

This edition of the Safeguarding Bulletin features: information about **Students' views on safeguarding**, Safer Internet Day and Children's Mental Health Awareness week. It also includes an update on the College's **mental health and wellbeing approach**.



Students' views on safeguarding

This half term, groups of students from all year groups were given an opportunity to talk about safeguarding at the College. This was a very positive experience and allowed students to be open and honest about things that worry them and how they feel supported in school. They were very knowledgeable about processes and systems in place to support them and were happy to give their opinions as to what could be improved and how.

We will be talking to different students throughout the academic year so that as many voices as possible are heard.

Safeguarding-based assemblies this half term

This half term's assembly calendar has included presentations to students on safer internet day and children's mental health awareness. This year's safer internet day and children's mental health awareness campaigns have focused on the importance of listening and connecting with straplines of 'My Voice Matters' and 'Inspiring Change and Making a Positive Difference'. These themes have formed part of the Debate and Discussion opportunity in the Tutor Time Programme and will continue to be explored after half term.

Mental Health/Wellbeing Support Update

Our Wellbeing and Counselling services continue to support students with a range of mental health needs. The referral system, via which staff can refer students is working well and allows the efficient triaging and subsequent allocation of support. Mrs Hill continues to offer wellbeing support to students and this has now expanded to include small group work with students around empathy, self-management and healthy relationships. The Centre 33 counselling service is now fully up and running, giving Tier 3 support to students with more complex needs. This service operates on a six-week cycle, thus allowing for an enhanced offer of support to a wider range of students.

For information, please see below the ways to access mental health and wellbeing support

1. There is a self-referral form on the LVC website for any student to use, it is under the mental health banner.
2. Any student can ask any staff member to refer them to the wellbeing services.
3. Attend a lunchtime drop-in.

Tier 1 – Tutor intervention and could include friendship issues, home learning, unkindness between peers

Tier 2 – Wellbeing mentor and could include self-harm, self-esteem, anxiety, relationship issues

Tier 3 - Mental Health Practitioner – this includes more complex mental health needs with intervention from specialist services such as Centre 33, CAMH and YoUnited