

Welcome and introduction

This half term we have continued to work with our young people through several channels; assemblies that explain the different categories of concern and how those concerns are dealt with, response to feedback from student fora, tutor time debate and discussion around safeguarding and how it links with PSHE.

We are very pleased to see the LVC Anti-Bullying Alliance start to take shape and look forward to keeping you updated as this group develops.

Once again, we would like to take this opportunity to thank parents and carers who have contacted the safeguarding team to raise concerns. Everything raised with us is followed up and, where appropriate, we liaise with external agencies.

To contact us, please email: thinkpink@lintonvc.org
The College Safeguarding Team

Features and Updates

This edition of the Safeguarding Bulletin features: information about our **LVC Anti-Bullying Alliance** and our **mental health and well-being** provision. It also includes an update of topical issues such as **vaping**.

Mental Health/Wellbeing Support Update

The Wellbeing Hub continues to provide a valuable, calm space where students from all year groups can relax and enjoy a variety of activities – yoga, knitting and crochet, art projects and music appreciation.

This space is very popular and students appreciate the peaceful atmosphere.

The counselling service provided by Centre 33 continues to support students with more complex mental health needs.

Here is a quick reminder of the different tiers of mental health.

Tier 1 – Tutor intervention and could include friendship issues, home learning, unkindness between peers

Tier 2 – Wellbeing mentor and could include self-harm, self-esteem, anxiety, relationship issues

Tier 3 - Mental Health Practitioner – this includes more complex mental health needs with intervention from specialist services such as Centre 33, CAMH and YoUnited



Vapes that are aimed at young people

The safeguarding team continue to be concerned about the clever marketing of vaping and associated paraphernalia. Often disguised as stationery or with technology-type casing, we believe that many vapes go undetected by parents/carers. Please remain vigilant and report any shops/vendors where there is concern that vapes are being sold to children.

LVC Anti-Bullying Alliance

Mrs Price has started to recruit students to help to develop a group that will work across the school to raise awareness about bullying and bullying-related issues. She is looking for more students from all year groups so that there is a broad representation of our student body.

Safeguarding is everyone's responsibility

Please remember that anyone can make a referral to social care with a safeguarding concern. Ideally, this should be done via the county that the referee lives in. If this is unknown, the county of the referrer should be used.

For **Cambridgeshire**, [click here](#)

For **Essex**, [click here](#)

For **Suffolk**, [click here](#)

In an emergency, please dial 999 or to speak to the localised police, dial 101.



Nessie is an independent therapy organisation that focuses on helping children and young people, aged 0-25, to thrive. There is a link to this service on the College website