WEEK COMMENCING

(V) - VEGETARIAN (VE) - VEGAN

01/04/2024 22/04/2024 13/05/2024 03/06/2024 24/06/2024 15/07/2024

# CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn

# TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

# WEDNESDAY

Glazed British Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravy

#### THURSDAY

Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

#### MONDAY

Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)

#### TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread

# WEDNESDAY

Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)

#### THURSDAY

Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)

# **FRIDAY**

Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)









MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

Garlic & Lemon Chicken Gyros

Chicken Yakitori with Rice

Loaded Potato Skins

Manager's Street Vibes Special

MONDAY

Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)

**TUESDAY** 

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

**THURSDAY** 

Pakistani Tarka Dhal (VE)

Manager's Special

**FRIDAY** 

**DESSERTS** 

MONDAY

Chocolate

Sponge &

Chocolate Sauce

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Apple Strudel & Custard

Peach Kuchen

Pear & Cocoa Sponge

Manager's Special

**Fruit & Yoghurt Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

**JACKET POTATOES** Topped with a Choice of: Cheese, **Tuna or Beans Available Daily** 

TRATTORIA 3





MONDAY

Tomato & Basil

Pasta

**TUESDAY** 

Creamy Pesto

Pasta

WEDNESDAY

Mozzarella &

Tomato or

Pepperoni,

Cheese &

Tomato Pizza

Pasta in Cheese Sauce

**THURSDAY** 

Mozzarella & Tomato or BBO Chicken, Cheese & Tomato Pizza

FRIDAY

WEEK COMMENCING

08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024 22/07/2024

(V) - VEGETARIAN (VE) - VEGAN

CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravv

THURSDAY

Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (V)

WEDNESDAY

Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

THURSDAY

Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

FRIDAY

Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)







MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Caramelised Onion & Mozzarella Poutine

Gochujang Chicken & Sesame Rice Pot

Mei Goreng Indonesian Fried Noodles

Korean Fried Crispy Chicken Manager's Street Vibes Special

MONDAY

Reggae Reggae

Jackfruit Curry

(VE)

**TUESDAY** 

Spiced Paneer & Red Onion Naan  $(\vee)$ 

Vegan Ramen Bowl

(VE)

WEDNESDAY

The Big Plant Burger (VE)

**THURSDAY** 

Manager's Special

FRIDAY

**DESSERTS** 

MONDAY

Apple Pie & Custard

**TUESDAY** 

Peach &

Pineapple

Crumble

WEDNESDAY

Sticky Coconut &

Jam Pudding

**THURSDAY** 

**Baked Churros** with Chocolate Sauce

Manager's Special

FRIDAY

**Fruit & Yoghurt Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

**JACKET POTATOES** Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA





MONDAY

Tomato & Basil

Pasta

**TUESDAY** 

Creamy Pesto

Pasta

WEDNESDAY

Mozzarella &

Tomato or

Pepperoni,

Cheese &

Tomato Pizza

**THURSDAY** 

Pasta in Cheese Sauce

Mozzarella & Tomato or BBO Chicken, Cheese & Tomato Pizza

**FRIDAY** 

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.





WEEK COMMENCING

15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

(V) - VEGETARIAN (VE) - VEGAN

# CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

# MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

# TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

#### WEDNESDAY

Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy

#### THURSDAY

Chicken Bhuna with Pilau Rice & Homemade Raita

# FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

#### MONDAY

Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

# TUESDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

#### WEDNESDAY

Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

#### THURSDAY

Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

# **FRIDAY**

Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)









MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Chinese Style Vegan Noodles (VE)

Chipotle Chicken Chimichanga

Loaded Mediterranean Street Cart Wedges

Thai Fried Rice

Manager's Street Vibes Special

MONDAY

Fork Friendly Smoked Tofu & Falafel Kebab Caponata Burger  $(\vee)$ 

**TUESDAY** 

(V)

Seeded Vegan Sausage Roll (VE)

WEDNESDAY

**THURSDAY** 

Onion Bhaji Skewer with Bombay Potatoes (VE)

Manager's Special

**FRIDAY** 

# **DESSERTS**

MONDAY

Pineapple

Upside Down

Cake

**TUESDAY** 

Warm Blueberry

Sponge

WEDNESDAY

Dropped Pancake Bar **THURSDAY** 

Apple & Mixed Berry Crumble

with Vanilla Sauce

Manager's Special

**FRIDAY** 

**Fruit & Yoghurt Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

**JACKET POTATOES** Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA '





MONDAY

Tomato & Basil

Pasta

**TUESDAY** 

Creamy Pesto

Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni Cheese &

Tomato Pizza

Pasta in Cheese Sauce

**THURSDAY** 

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

FRIDAY

(Yegan)

