

# Top Tips for GCSE PE

## **Make the most of lesson time**

Make the most of lessons Teachers have planned the remaining weeks to complete the GCSE course. Time is of the optimum and work done in lessons is very important. If you miss any lessons, ask what you can do to catch up.

Ask questions if you are not too sure on a particular topic area or don't fully understand the content you are covering.

## **Refine your coursework (Year 11 only)**

Although you cannot be explicitly told what you need to include, you have your planning document which includes all elements (based from the assessment criteria) that needs to be in each section. You must use the assessment criteria provided to ensure you have covered all areas.

## **Complete past papers and use the mark scheme to help you with exam technique**

Completing past papers is a valuable way of understanding how your two exams will be structured. It will enable you to practice the technique required, particularly for your longer answer questions, and help with understanding how to gain marks.

Use the mark schemes once you have completed either the whole paper or particular questions to see where you may need to improve and determine how many marks you would achieve.

## **Attend GCSE PE intervention**

Your intervention is every Monday at 15:05—16:05. You will be made aware what the topic area is a week prior to attending. If you are “intensive support” you should be attending each week.

For those of you who are not intensive support, you are still welcome when you feel the topic area covered will benefit your revision or help improve exam technique/structure.

## **Use a variety of resources to help with your revision**

It is proven that just reading your notes is not an effective way of revising. Using revision guides and online platforms are two excellent ways of helping to close gaps in knowledge. GCSE Physical Education OCR Complete Revision & Practice (with Online Edition and Quizzes): [GCSE Physical Education OCR Complete Revision & Practice \(with Online Edition and Quizzes\)](#) | [CGP Books](#)

BBC Bitesize OCR GCSE PE: [GCSE Physical Education - OCR - BBC Bitesize](#)

## **Most importantly....**

Ask for help! If there is something that you do not understand or need help with ask. You have plenty of time before your exam and it is better to be proactive and ask now rather than wait to just before you are about to sit your exam.